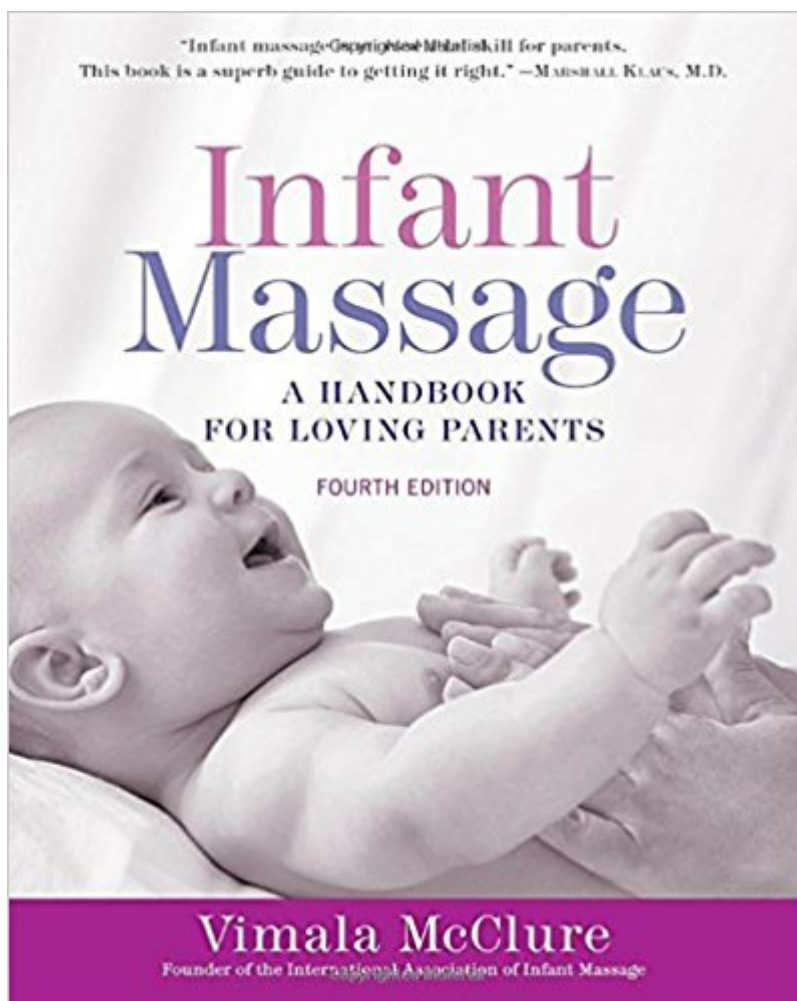


The book was found

Infant Massage (Fourth Edition): A Handbook For Loving Parents



Synopsis

Master the techniques of infant massage and incorporate this joyful and wonderful healing art into your baby's life with this revised and updated edition. For generations, mothers around the world have known that the soft touch of their hands soothes, calms, and communicates their love to their babies. The latest scientific research confirms that physical affection is vital to the development and wellness of children—easing discomfort, releasing tension, improving sleep, helping premature infants gain weight, even aiding asthmatic children to improve their breathing. Now Vimala McClure, founder of the International Association of Infant Massage, has revised and updated her beloved classic. Inside you'll find specific routines tailored to help relieve colic, fever, and chest and nasal congestion—easy-to-follow instructions and photographs demonstrating each step—new information on the benefits of skin-to-skin contact—instructions for premature infants and babies with special needs—lullabies, rhymes, and games to enhance the massage experience—a special chapter dedicated to fathers—compassionate advice for foster and adoptive parents.

Praise for *Infant Massage*

“Speaking as a pediatrician, the best advice I can give you is to try the techniques described in this book.”
—Stephen Berman, M.D., F.A.A.P., former president, American Academy of Pediatrics

“What a brilliant way to love and nurture a child! The first connection between parent and child is physical, through the body; by using the techniques Vimala McClure has developed, your parental relationship will be off to a magnificent start.”
—Judy Ford, author of *Wonderful Ways to Love a Child*

Book Information

Paperback: 336 pages

Publisher: Bantam; 4 edition (July 11, 2017)

Language: English

ISBN-10: 1101965940

ISBN-13: 978-1101965948

Product Dimensions: 7.4 x 0.7 x 9.2 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #56,499 in Books (See Top 100 in Books) #33 in Books > Health, Fitness & Dieting > Alternative Medicine > Massage #140 in Books > Medical Books > Medicine > Internal Medicine > Pediatrics #236 in Books > Parenting & Relationships > Parenting > Early

Childhood

Customer Reviews

“Speaking as a pediatrician, the best advice I can give you is to try the techniques described in this book.”
•Stephen Berman, M.D., F.A.A.P., former president, American Academy of Pediatrics
“What a brilliant way to love and nurture a child! The first connection between parent and child is physical, through the body; by using the techniques Vimala McClure has developed, your parental relationship will be off to a magnificent start.”
•Judy Ford, author of *A Wonderful Ways to Love a Child*

For more than thirty years, Vimala McClure has worked with parents and babies using the ancient practice of infant massage to help create warm, intuitive bonds of love in families. She is the founder of the International Association of Infant Massage and the author of *Infant Massage: A Handbook for Loving Parents*, *The Tao of Motherhood*, *A Woman's Guide to Tantra Yoga*, and *The Path of Parenting*.

Nice book

[Download to continue reading...](#)

Infant Massage (Fourth Edition): A Handbook for Loving Parents
Narcissistic Parents.: 10 Tips on How to Not Hate Your Parents. Toxic parents,immature parents. (Borderline Personality Disorder, Narcissistic Parent, ... the Narcissist Book2.Immature parents.)
Trigger Point Therapy: Stop Muscle & Joint Pain Naturally with Easy to Use Trigger Point Therapy(Myofascial Massage, Deep Tissue Massage, Foam Rolling, ... Massage) (Natural Health Solutions Book 3)
Acupressure: The Ultimate Beginners Guide To Acupressure For Health & Healing (Self Massage, Tennis Ball Massage, Pressure Points, Trigger Point Massage)
Tantric Massage: #1 Guide to the Best Tantric Massage and Tantric Sex (Tantric Massage For Beginners, Sex Positions, Sex Guide For Couples, Sex Games) (Volume 1)
Loving Hard-To-Love Parents: A Handbook for Adult Children of Difficult Older Parents
Basic Clinical Massage Therapy: Integrating Anatomy and Treatment Second Edition (LWW Massage Therapy and Bodywork Educational Series)
Massage Mastery: From Student to Professional (LWW Massage Therapy and Bodywork Educational Series)
Introduction to Massage Therapy (LWW Massage Therapy and Bodywork Educational Series)
Encyclopedia of Thai Massage: A Complete Guide to Traditional Thai Massage Therapy and Acupressure
Review for Therapeutic Massage and Bodywork Exams (LWW Massage Therapy and Bodywork Educational

Series) Step-by-Step Massage Therapy Protocols for Common Conditions (LWW Massage Therapy and Bodywork Educational Series) Massage and Manual Therapy for Orthopedic Conditions (LWW Massage Therapy and Bodywork Educational Series) Tantric Massage: Mastery, 28 Ways To Give The Perfect Tantric Massage Tantric Massage: Step by Step Guide to Learning the Art of Tantric Massage Tantric Massage For Beginners: Discover The Best Essential Tantric Massage And Tantric Love Making Techniques! Tantric Massage: Beginner's Guide, Tips and Techniques to Master the Art of Tantric Massage! A Massage Therapist's Guide to Pathology (LWW Massage Therapy and Bodywork Educational Series) Teaching the Infant with Down Syndrome: A Guide for Parents and Professionals Infant Daily Report For Parents: Large 8.5 Inches By 11 Inches Log Book For Boys And Girls Log Feed Diaper changes Sleep To Do List And Notes

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)